

Imagine for a moment that you or a member of your family has become one of California's 6.5 million uninsured citizens. An unexpected layoff; a recent college graduation; an early retirement - any of these everyday events can result in a loss of coverage. Now imagine you develop a nagging cough and fevers. What do you do? Where can you turn? If you work every day and have little savings, your options are now very limited.



One in five Californians
does not have health insurance . . .

*t*he Cardinal Free Clinics were created to deal with the situation presented at left. CFC fills a void in the health care safety net that is met by very few other providers.



CFC represents a new and innovative model for providing free health care to the underserved.



We depend on the passion of volunteer physicians, the energy of student volunteers, and the generosity of individual donors.



Together, we can help to change the face of health care.

SPOTLIGHT ON:



Arbor Free Clinic was founded in 1990 as the result of a student's research proposal to establish a volunteer clinic that would address unmet health care needs in the Stanford vicinity. Arbor fills a critical local niche, providing acute care to underserved or uninsured patients whose only alternative is often a hospital emergency room. In addition to acute care services, Arbor offers a broad array of on-site preventative health services including diagnostic tests and physical exams.

SPOTLIGHT ON:



While conducting community health screenings at Bay Area Asian cultural events, Stanford Medical Students discovered a significant population of Asian/Pacific Islander patients in San Jose who lack regular healthcare because of low income and/or low English proficiency. Armed with management experience gathered at Arbor Free Clinic, the students conceived of starting a free clinic with Asian translation services in San Jose. Pacific Free Clinic was opened in 2003.



The Cardinal Free Clinics rely on financial support from individuals like you. If you are interested in learning more about the clinics and how you can help, please visit our website:

cfc.stanford.edu



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